

WHAT DID YOU DO FOR LUNCH TODAY?

The Montco SAAC (Montgomery Senior Adult Activity Center) in Norristown is actively recruiting volunteers to drive and deliver meals to our homebound frail seniors who receive home delivered meals. The process is very simple and takes less than two hours of your time. Drivers and delivery volunteers leave our center at 10:30 a.m. and are back from delivering by noon. Each route is self-contained with travel directions and information about the consumer. The service area includes:

For Norristown: Norristown Borough, East and West Norriton and Lower Providence east of the Skippack Creek

For Glenside: Bryn Athen, Rockledge, Cheltenham, Jenkintown, Abington, Upper Moreland, Willow Grove, Huntingdon Valley, and Hatboro

For Ambler: Horsham, Lower Gwynedd, Springfield, Upper Dublin, Whitpain, & Ambler Borough

It is fun to drive and deliver with a friend, neighbor, work buddy or your spouse. You can deliver one day every week, one day every other week, once a month or simply be on our sub list. Schedules are flexible for vacations and time away.

If you would like more information about volunteering with us, please contact Paula Mayewski, Director of Meals on Wheels for Montco SAAC at 215-619-8863. If I am not in the office, please leave a voice mail message and I will return your call. You can email me at paulam@montcosaac.com as well for additional information. Thank you for your consideration of this volunteer opportunity.