



# 3<sup>rd</sup> Annual PIKE FEST 5K

**SATURDAY, SEPTEMBER 14, 2019  
8:00 AM START**

## **BETHLEHEM PIKE                      SPRINGHOUSE, PA**

**DESCRIPTION:** Accurately measured, beautiful course through Lower Gwynedd starting and ending at **Born to Run**, 1005 N. Bethlehem Pike, Spring House, PA. Families, strollers, dogs on leash and all ages welcomed.

**AWARDS:** Overall male and female, plus top 3 M/F age group awards: 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> u15, teens, 20's, 30's, 40's, 50's, 60+.

**RACE AMENITIES:** 100% Soft Cotton T-Shirt, **Free Raffle**, Professional Timing, **Entertainment & DJ**.

**ENTRY FEES:** Pre-Registration by Sept. 10 (shirt guaranteed).

\$20 ADULTS 15 & Over. \$15 YOUTH 14 & Under

**AFTER 9/10 and INCLUDING RACE DAY:** (shirts not guaranteed) \$25.00 Adults 15 & Over.  
\$20.00 Youth 14 & Under

### **ENTRY FORM**

Name \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ EMAIL \_\_\_\_\_

MALE \_\_\_\_\_ FEMALE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ AGE ON RACE-

DAY \_\_\_\_\_ PHONE \_\_\_\_\_ **ADULT T-SHIRT SIZE:** S \_\_\_\_\_

M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ **YOUTH T-SHIRT SIZE** S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

**FEE ENCLOSED** \$ \_\_\_\_\_ (Checks payable to Born To Run, Inc.)

**Waiver and Release:** I, the undersigned (over age 18) intending to be legally bound, do hereby waive and release all rights, claims, demands and/or causes against Born To Run, Inc. and all other race sponsors for any personal injury I might sustain during the race, immediately known to me or hereafter discovered and for any and all other damages or losses which I might incur now or in the future arising from or out of my participation in this race, and on my travel to and from this race. I verify that I am physically fit and have trained sufficiently. Permission is granted to use my photograph and name for all purposes.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**On-Line registration:** [www.pretzelcitysports.com](http://www.pretzelcitysports.com) (nominal service fee applies)

**Packet Pick-Up** at Born To Run, 1005 N. Bethlehem Pike, Springhouse, 19477 from 10-6 on Friday, Sept. 13

**CONTACT:** Hilary Goodman | (215)-641-0410 | Hgood85@aol.com

**Visit [www.lowergwynedd.biz](http://www.lowergwynedd.biz) for course maps and directions to the start.**