



4th Annual Fall Fest 5K

**SATURDAY, SEPTEMBER 17,
2022**

8:00 AM START

WISSAHICKON HIGH SCHOOL

LOWER GWYNEDD, PA

DESCRIPTION: Accurately measured, beautiful course through Lower Gwynedd, starting and ending at Wissahickon H.S, 601 Knight Road, Ambler, PA 19002. Families, strollers, dogs on leash and all ages welcomed.

AWARDS: Overall male and female, plus top 3 M/F age group awards: 1st, 2nd, 3rd, u15, teens, 20s, 30s, 40s, 50s, 60+.

RACE AMENITIES: 100% Soft Cotton T-Shirt, **Free Raffle**, Timing, **Entertainment & DJ**

ENTRY FEES: Pre-registration by Sept. 10 (shirt guaranteed)
\$20 ADULTS 15 & Over. \$15 YOUTH 14 & Under

AFTER 9/10 and INCLUDING RACE DAY: (shirts not guaranteed) \$25 Adults 15 & Over.
\$20 Youth 14 & Under

ENTRY FORM

Name _____
ADDRESS _____ CITY _____
STATE _____ ZIP _____ EMAIL _____
MALE _____ FEMALE _____ DATE OF BIRTH _____ AGE ON RACE-DAY _____
PHONE _____ **ADULT T-SHIRT SIZE:** S _____ M _____ L _____ XL _____
YOUTH T-SHIRT SIZE: S _____ M _____ L _____ XL _____

FEE ENCLOSED \$ _____ (Checks payable to Born To Run, Inc.)

Waiver and Release: I, the undersigned (over age 18) intending to be legally bound, do hereby waive and release all rights, claims, demands and/or causes against Born To Run, Inc. and all other race sponsors for any personal injury I might sustain during the race, immediately known to me or hereafter discovered and for any and all other damages or losses which I might incur now or in the future arising from or out of my participation in this race, and on my travel to and from this race. I verify that I am physically fit and have trained sufficiently. Permission is granted to use my photograph and name for all purposes.

Signature _____ Date _____

On-Line registration: <https://bit.ly/3oYYJeq> (nominal service fee applies)

Packet Pick-Up at Born To Run, 1005 N. Bethlehem Pike, Springhouse, 19477 from 10-6 on Friday, Sept. 16

CONTACT: Hilary Goodman | (215) 641-0410 | HGood85@aol.com

Visit www.lowergwynedd.biz for course maps and directions to the start.